



### MEAL PLAN PACKAGES INCLUDE:

Soup or salad, entrée and dessert.

Appetizers are not included with meal plans, however, feel free to add on to your meal.

## STARTERS

### BONE-IN WINGS 11.00

Fried and tossed with our Buffalo sauce, served with carrots, celery and Blue cheese.

Also available in BBQ and Sweet Chili.

### FRIED MOZZARELLA 8.00

Fresh Buffalo Mozzarella, coated in Parmesan breadcrumbs and served with house-made marinara sauce.

### CRISPY CALAMARI 10.00

Served with a roasted garlic marinara sauce.

### SHRIMP COCKTAIL 11.00

Large shrimp, poached in a court-bouillon and served on a bed of greens.

### CHIPOTLE NACHOS 12.00

Tortilla chips dressed with a light chipotle sauce, Cheddar cheese, tomatoes, onions, green peppers, jalapeños and black beans served with sour cream and salsa.

Add: Chicken \$5, Blackened Striploin \$5

### EDAMAME DUMPLINGS 10.00

Served with a ginger soy dipping sauce.

### FRENCH ONION SOUP 6.00

Caramelized onions, simmered in a fortified vegetable stock and topped with Swiss and Provolone with a browned top.

### NEW ENGLAND CLAM CHOWDER 6.00

## SANDWICHES AND BURGERS

All sandwiches and burgers are served with hand-cut fries or upgrade to onion rings \$2.00

### \* TRADITIONS' BURGER 12.00

Our beef blend burger, grilled to your liking and served on a brioche bun with lettuce, tomato and onion.

\*Make it a house-made, Veggie Burger 9.00

Add cheese or additional toppings for \$1 each: Cheddar, Pepperjack, American, Blue, or Havarti Dill, Bacon, Sautéed Onions, Mushrooms or Jalapeños.

### FLATBREAD PIZZA 10.00

Oven baked flatbread topped with a four cheese blend and fire-roasted marinara sauce.

Add Pepperoni or Roasted Onion and Peppers for \$1.25

### CHICKEN OR EGGPLANT PARMESAN SANDWICH 12.00

Chicken or eggplant breaded and lightly fried, topped with Mozzarella and marinara sauce and toasted on a baguette.

### CHICAGO BEEF SANDWICH 13.00

Thin slices of seasoned roast beef, simmered and served with au jus on a long Italian roll.

### HOUSE MAC AND CHEESE 11.00

Farfalle pasta tossed in house-made cheese sauce. Make it spicy and add Buffalo sauce!

Add: Lobster \$7, Chicken \$5



## ENTRÉES

### YANKEE POT ROAST 15.00

Tender beef accompanied with potato, onion and carrots and finished with pan-gravy and grilled herb garlic bread.

### CHICKEN POT PIE 14.00

Slowly cooked chicken breasts with onion, celery, carrots and peas in a light cream sauce. Served in a puff pastry crust.

### NY STRIP 20.00

12 oz. NY strip grilled to your liking, accompanied with potato or rice and vegetable of the evening.

### CHICKEN OR EGGPLANT PARMIGIANA 16.00

Chicken or eggplant breaded and lightly fried, served over linguini and topped with house-made marinara.

### SHRIMP SCAMPI 17.00

Sautéed shrimp with a lemon garlic, white wine sauce over linguini pasta.

### GRILLED SALMON 18.00

Grilled Atlantic salmon filet finished with herb butter, accompanied with potato or rice and vegetable of the evening.

### FISH AND CHIPS 15.00

Lightly seasoned haddock, flash-fried and served with our house-sauce, coleslaw and fries.

## DESSERTS

Be sure to save room for a decadent and delightful way to end your meal. \$6 each.



ALL MENU ITEMS CAN BE MADE GLUTEN FREE FOR AN ADDITIONAL \$2.  
PLEASE NOTE THAT IT WILL TAKE ADDITIONAL TIME TO PREPARE SPECIALTY MEALS.  
PLEASE LET YOUR SERVER KNOW IF THERE ARE ANY ALLERGIES IN YOUR PARTY.

### \* MEAT TEMPERATURE GUIDE

Rare - Cool red center | Medium Rare - Warm red center | Medium - Warm pink center, touch of red  
Medium Well - Warm brown, pink center | Well Done - Hot brown center, no pink

\* CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH OR EGGS MAY INCREASE THE RISK OF FOODBORNE ILLNESS.